



OAK PARK  
RIVER FOREST

# Infant Welfare Society

*Proud sponsors of  
The Children's Clinic*

Keeping Kids  
Healthy  
Since 1916

Annual Report  
2011-2012

## Caring for our Children, Yesterday, Today and Tomorrow

The Oak Park and River Forest Infant Welfare Society has an abiding commitment to assuring the health and well being of children. Through our Children's Clinic, the IWS provides the highest quality medical, dental and social services to those who are unable to afford the cost of private care. We are proud of our legacy and our transformation from a small volunteer group of women in **1916** distributing pasteurized milk to low-income families to a full-service pediatric health clinic with a professional staff of **39** and Infant Welfare Society membership of over **120**. As we finalize our five year strategic plan we know the Infant Welfare Society will continue to provide essential health care to children through the hard work of its members, staff and partnerships with community organizations.

**Jennifer GoodSmith, President  
OPRF Infant Welfare Society**

The changing face of our volatile health care environment requires all of us to work together in providing health care access to the vulnerable children in our community. The Infant Welfare Society Children's Clinic provided medical, dental and behavioral health services to **3,169** children in **10,024** visits in the last year. Our focus is and always has been on ensuring that all of the children in our community, regardless of income or health insurance status, are physically, emotionally, and cognitively prepared to meet the challenges of adulthood. Is there any more gratifying cause than this?

**Elizabeth Lippitt, Executive Director  
The Children's Clinic**

*"The Children's Clinic is the primary care **provider** for my two daughters. There are not many places that take All Kids so we really appreciate having affordable care so close to where we live and in a good neighborhood. And it's so clean! We also like the fact that all of the services we use are all in one place. The staff is great. Everyone is knowledgeable and friendly. We are always treated well at the Clinic."*

**Paola, Parent, Oak Park**





*“As the facilitator of the Strategic Planning Committee we have created a plan for the next five years which respects our membership history and commits us to providing the highest quality healthcare to advance children’s health from prevention through treatment. We are committed members of this organization.” **Sarina Butler, IWS member***

## The Oak Park River Forest Infant Welfare Society Commitment

### WE ARE COMMITTED TO THE CHILDREN WE SERVE

We are one organization, holistically embracing the healthcare needs of children who use our services.

### WE ARE COMMITTED TO OUR MEMBERS, VOLUNTEERS AND STAFF

We welcome the diverse perspectives and talents of all members, volunteers and staff who share our values and want to work toward the physical and social well being of children.

### WE ARE COMMITTED TO PROVIDING QUALITY HEALTHCARE

We work to provide the highest quality service and advance children’s health from prevention to treatment through the Infant Welfare Society’s Children’s Clinic.

### WE ARE COMMITTED TO LEADING OUR COMMUNITIES

We are a leader among health care institutions in our area, a distinction we have held since 1916. Our board, members, staff, donors and community partners are united in pursuing quality service to support the well being of children.

### WE ARE COMMITTED TO STRENGTHENING OUR ORGANIZATION

We are a fiscally sound, efficient and effective organization dedicated to supporting the healthcare needs within the communities we serve.



## Recognition

### 2011 Annual Meeting

The OPRF Infant Welfare Society celebrated **95** years of service at the 2011 Annual Meeting. Over **100** Society members and **7** past Presidents attended the yearly event which was held at Holley Court in Oak Park. The anniversary milestone inspired many of the speakers to reminisce about the Society’s storied past.

Four awards were presented that evening to distinguished individuals who have made a difference within the organization.



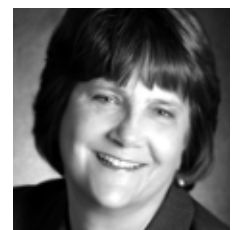
**Ginny Holland Award: Diana Rasche**, for her talent as a gifted photographer and her astute ability to catch so much more than just a “picture” with her camera.



**Community Service Award: Will McConnell**, for his assistance in developing preliminary plans for new space at the Clinic and his help with a strategic plan for RFP’s for contractors and architects.



**The Clinic Award: Maria Del Rocio Medel**, for her enthusiasm and dedication in meeting the Clinic’s mission of providing exemplary medical care to our children.



**Angel Award: Elizabeth Lippitt**, for her invaluable leadership and insight as the Executive Director of The Children’s Clinic for the last 16 years.

## Creating a Medical Home

The **IWS Children's Clinic** offers medical services and primary health care in a medical home model. The Clinic provided **1,327** children with **3,831** health care visits, a **10%** increase. Disease prevention and health promotion are emphasized at every visit.

*"My passion for community health is centered in the mission of the Infant Welfare Society. As a new pediatrician at the Clinic, I was thrilled to find that behavioral health services were part of the medical visits and that dental was right around the corner – this is truly a holistic model of care."* **Stephanie Weller, MD, IWS pediatrician**



At the IWS Children's Clinic, mental health is fully integrated into medical care. A social worker attends every well child visit and uses standard assessment tools for the early identification and treatment of social and emotional problems and developmental delays. Short-term interventions, long term therapy, case management, and psychiatric services are offered at the Clinic through a partnership with the Family Service and Mental Health Center of Cicero.

Childhood obesity is one area of primary concern at the Clinic as **35%** of our patients are considered overweight or obese. Nutrition and the importance of engaging in regular physical activity are discussed at every well child visit. Patients with a Body Mass Index in excess of **85%** are referred to the **Nutrition Program**, an individualized family-centered weight management program run by a certified dietician.

*"The Children's Clinic really helped us a lot with my daughter's weight problem. We were taught how to change her diet by having less bread and rice and adding more vegetables. Now Lena actually asks for more broccoli and carrots! She is also more physically active. Lena has lost a lot of weight since she started the program. This program has helped our whole family."* **Fidaa, Parent, Elmwood Park**

*"As a member of the Infant Welfare Society, I am proud of our fundraising efforts, including our new golf fundraiser, Tee It Up Fore Kids...Volunteers have many options how to spend their time. Raising funds to help children access immunizations, physicals, teeth cleaning, and counseling—whatever the needs, makes all the hard work worthwhile."*

**Brett Samuels, IWS member**

# Fighting the #1 Childhood Chronic Disease



The **Dental Clinic** is one of the few resources for affordable pediatric dental care in our service area. These dental services are important as dental disease is the number one chronic childhood disease causing a large percentage of school absences. The Dental Clinic provides full preventive and restorative care in a 5-chair office, including oral exams, cleanings, fluoride treatments,

sealants, extractions, cavity repair, and root canal treatment. At every visit, our dentists, dental hygienists and dental assistants talk to our patients and their parents about the importance of establishing an oral hygiene regimen and bi-annual dental visits, the positive impact that good nutrition has on developing teeth, and the risk of cavities from excessive juices and soda.



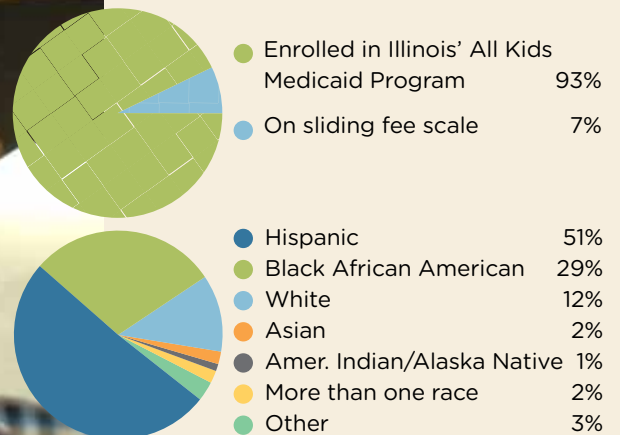
*"I started at the Clinic when I was a University of Illinois dental student doing my community rotation. I fell in love with the Clinic's high standard of dental care and respect for the children it serves. This is so important as so many of the children have multiple visits due to significant dental decay. I am proud to work at the Clinic and strive to bring that high standard of care to all the children I treat."* **Lynse Briney, DDS, MS, IWS Oral Health Director**

*"My tooth broke in half after I fell on the playground. It hurt a lot. The dentist fixed it. I can smile now and I look like a little princess. Thank you very much!"*  
**Letter from our patient, Stephanie**

## About Our Patients

All of the children served at the Clinic are from families that meet the federal poverty income guidelines.

Our patients come from **50** west suburban communities and just about every community in the City of Chicago. **70%** reside in Oak Park, Chicago, Berwyn and Cicero.



# Community Outreach - Improving Health Outcomes through Community Education

The Infant Welfare Society believes strongly in education to improve health outcomes, both in the Clinic and in the community. A new program, Campaign for Kids was launched by Society members to provide hands-on volunteer opportunities to support the IWS outreach work. A Health Education Outreach Coordinator provides classroom-based **Oral Health and**

**Nutrition Education Workshops** for preschoolers, elementary school children and their parents. The Clinic also participates in community health fairs to raise awareness of the importance of good nutrition and physical fitness to overall health.

The Clinic's **Portable Dentistry Program** provides oral exams, cleanings, fluoride treatments and sealants in the schools to

elementary school students who would otherwise lack access to care.

The Infant Welfare Society promotes literacy through a **Giving Library**. At every well-child visit, our medical providers talk about the importance of reading and offer age-appropriate tips for encouraging reading in the home. Every child is invited to visit the Giving Library and choose a free book to take home.



## Health Workshops

- 2,022 students at 15 elementary schools and after school programs
- 751 preschool age children
- 1,993 participants at 27 community health fairs

## The Portable Dentistry Program

- 975 children at 20 schools and 4 health fairs
- 98 Portable Dentistry students identified needing urgent care

## Literacy

- Thousands of books distributed each year

*"Society members want to be more directly involved with the Clinic patients so we created the Campaign for Kids (CFK) program. The CFK program is a great way to connect in a new way with the Infant Welfare Society mission as the IWS members assist in community outreach efforts in portable dentistry, nutrition programs and literacy."*

**Alice Ireland, IWS member and co-chair Campaign for Kids**

## Expanding our Resources - Filling the Financial Gap



There is a \$500,000 yearly gap between the cost of services that we provide and the payments we receive. Declining state revenues, low reimbursement rates coupled with increasing patient need for health care services results in a structural deficit with every patient visit.

Through the support of grants, donors and IWS fundraising we are able to fill that gap and provide services to our patients.



*"It is my goal to help as many children as possible. As an elementary school teacher I see children every day who need a school physical or a dental appointment. Our Holiday Housewalk and Market is a significant fundraiser supporting Infant Welfare's ability to meet the yearly increase in health care visits."* **Debbie Blanco, IWS Member, Chair Holiday Housewalk and Market**

*"We needed to find affordable counseling services for our foster son because he didn't have health insurance. We liked the Clinic immediately because there was no waiting list for counseling as there are in most community mental health centers, and all of the services are in one building. We have seen a big improvement in our foster son's attitude and in his school progress reports since he started working with the staff who counseled us and provided helpful tips on how to parent our foster son who came from an abusive situation."* **Mary, Parent**

### Grants Awarded in FY 2012

We are grateful for the grants and contracts from the following foundations, corporations and government agencies:

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Village of Oak Park CDBG

VNA Foundation

Westlake Health Foundation



## Our Donors

*"My husband and I have been pleased to contribute over the years to the Mary Anderson Nursing Fund which supports the nursing services at the Clinic. We are happy knowing that our gift helps make a child's medical visit easier."* **Peggy Diamond, IWS Member and Donor**

### \$20,000-\$50,000

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 Annie Wootton  
 Carol Wootton

*We have carefully reviewed the names of all those listed in this report. If your name has been omitted, misspelled, or incorrectly listed, please accept our sincere apology and call us so that we may correct our records.*

*"We support the Infant Welfare Society because child access to medical and dental care serves the long term health and vibrancy of our entire community. In addition, we welcome the opportunity to honor the many IWS volunteers who work so hard at accomplishing this very important work." **Mary Jo Schuler, Good Heart Work Smart Foundation***





"As a member of the Finance Committee for the last four years, I have seen the challenges of meeting our budget in a time of escalating need. I am proud to say that through the diligence and tireless efforts of the IWS members, the Executive Director and the staff, we have met that need every year." **John Secker, CPA, Finance Committee Member**

## Statement of Financial Position at June 30, 2012

### CURRENT ASSETS

Cash and cash equivalents	\$221,101
Grants and accounts receivable	\$121,975
Unconditional promise to give	\$0
Prepaid expenses	\$9,201
Deposits	\$6,350
Investment securities	\$863,862
<b>Total Current Assets</b>	<b>\$1,222,489</b>

### PROPERTY & EQUIPMENT

Property and equipment	\$783,813
Less: Accumulated depreciation	\$436,938
<b>Total Property and Equipment-Net</b>	<b>\$346,875</b>

### OTHER ASSETS

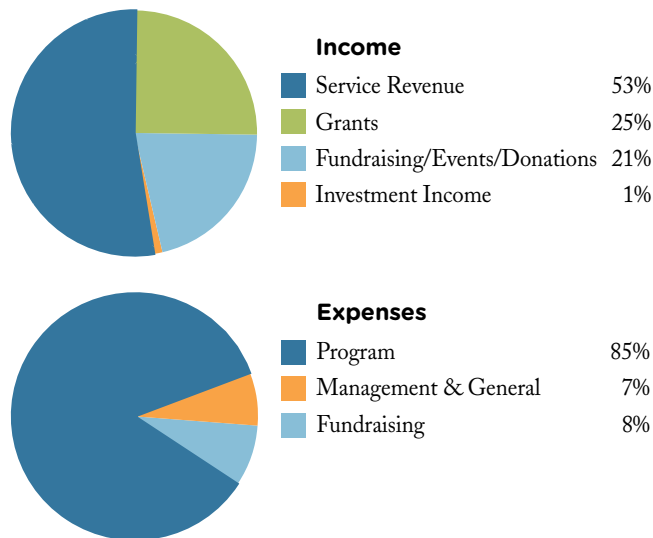
Investment securities	\$119,303
Unconditional promise to give	\$38,723
<b>Total Other Assets</b>	<b>\$158,026</b>
<b>TOTAL ASSETS</b>	<b>\$1,727,390</b>

### CURRENT LIABILITIES

Accounts payable	\$12,948
Deferred revenue	\$140,946
Payroll liabilities	\$24,860
<b>Total Current Liabilities</b>	<b>\$178,754</b>

### NET ASSETS

Net assets - Unrestricted	\$1,294,384
Net assets - Temporarily restricted	\$254,252
<b>Total Net Assets</b>	<b>\$1,548,636</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>\$1,727,390</b>



The summary of selected financial information is derived from the financial statement of the Oak Park River Forest Infant Welfare Society, d/b/a The Children's Clinic IWS for the year ending June 30, 2012, which has been audited by Cray, Kaiser Ltd. Copies of the audited financial statements are available upon request. Cray, Kaiser Ltd. has issued an unqualified opinion on the financial statements for the year ended June 30, 2012.

## Statements of Activities - Year Ended June 30, 2012

	OPERATING FUND	TEMPORARILY RESTRICTED FUND	TOTAL
<b>INCOME</b>			
Service revenue	\$851,886	\$0	\$851,886
Grant revenue	\$367,227	\$0	\$367,227
Donations - Public support	\$163,678	\$1,580	\$165,258
Circle dues and fundraising	\$18,457	\$0	\$18,457
Special event income	\$163,586	\$0	\$163,586
United Way	\$41,866	\$0	\$41,866
Investment Income	\$25,459	\$6,720	\$32,179
Realized and unrealized gains (losses) on investment securities	(\$20,566)	(\$2,055)	(\$22,621)
Donated goods and services	\$46,326	\$0	\$46,326
Gain (loss) on retirement of property & eq	(\$79)	\$0	(\$79)
Other Income	\$1,017	\$0	\$1,017
Funds released from temporary restriction	\$3,000	(\$3,000)	\$0
<b>Total Income</b>	<b>\$1,661,857</b>	<b>\$3,245</b>	<b>\$1,665,102</b>
<b>FUNCTIONAL EXPENSES</b>			
Program services	\$1,461,545	\$587	\$1,462,132
Management and general	\$113,889	\$0	\$113,889
Fundraising	\$134,566	\$0	\$134,566
<b>Total Functional Expenses</b>	<b>\$1,710,000</b>	<b>\$587</b>	<b>\$1,710,587</b>
Change in Net Assets	(\$48,143)	\$2,658	(\$45,485)
<b>NET ASSETS</b>			
BEGINNING OF YEAR	\$1,342,527	\$251,594	\$1,594,121
END OF YEAR	\$1,294,384	\$254,252	\$1,548,636



## 2011-2012 Board of Directors and Auxiliary Board

### Officers

Jennifer GoodSmith, *President*  
Dianne Zimmerman, *Vice-President*  
Ann Bill, *Secretary*  
Cynde Seegers, *Treasurer*  
Leah Beckwith, *Board Advisor*

### Directors

Mary Anderson  
James Botana  
Carol DelConte  
Bobbie Gregg  
Jesse Haggar  
Kathy Haney  
Liz Robinson  
Jan Tendick  
John Secker  
Lynne Williams

### Auxiliary Board

Lynne Williams, *President*  
Kelly Turner, *Vice President*  
Mary Deziel, *Secretary*  
Debbie Blanco  
Annie Coogan  
Janet Debits  
Audrey Deziel  
Penny Egerter  
Sharon Flint  
Kathy Haney  
Nancy Ide  
Alice Ireland  
Lynn Kirsch  
Jean Lupiani  
Beth McBride  
Pat McNally  
Maureen Powers

## Staff

### Administrative Team

Elizabeth Lippitt, *MHSA, Executive Director*  
Betty Alanis, *Office Manager*  
Nancy Amador, *Receptionist*  
Judy Bradeen, *Director of Finance  
& Operations*  
Wendy Epstein, *Grant Writer*  
Maria Mauleon, *Receptionist*  
Katie O'Brien, *Director of Marketing and  
Communications*  
Eva Perri, *Financial Assistant*  
Rebecca Rubin, *Health Education  
Outreach Coordinator*  
Erin Sloan, *Database Assistant*

### Medical Team

Dr. Karen Walker, *Medical Director*  
Dr. Damayanti Hathiwalwa, *Pediatrician*  
Dr. Stephanie Weller, *Pediatrician*  
Kimberly Carbonara, *Nurse Practitioner*  
Darla K. DeWolff, *Nurse Practitioner*  
John Ruckauf, *Nurse Practitioner*  
Angela Dougé, *Dietician*  
Evelyn Vidal, *Medical Assistant*  
Keila Hawkins, *Medical Assistant*

### Dental Team

Dr. Lynse Briney, *Oral Health Director*  
Dr. Jill Baskin, *Dentist*  
Dr. Danielle Barstad, *Dentist*  
Dr. Daniela Brzozowski, *Dentist*  
Dr. Elizabeth (Betsy) Samore, *Dentist*  
Dr. Margaret Vizgirda, *Dentist*  
Delia Alvarado, *Dental Hygienist*  
Carmen Spinelli, *Dental Hygienist*  
Ida Arvizu, *Dental Assistant*  
Gladys Medel, *Dental Assistant*  
Marisol Ortiz, *Dental Assistant*  
Rosa Ruiz, *Dental Assistant*  
Jasmin Vazquez, *Dental Assistant*

### Behavioral Health Team

Dr. Marta E. Banegas, *Psychiatrist*  
Judy Crivolio, *LCSW*  
Karlee Kirkpatrick, *LCSW*  
Ignacio Perez, *LCSW*  
Sandra St. Pierre, *LCSW*

## Our Mission

*The Oak Park River Forest Infant Welfare Society is a diverse member-driven organization with an abiding commitment to assuring the health and well being of children. Through our Children's Clinic, the IWS provides the highest quality medical, dental and social services to those who are unable to afford the cost of private care. The work of the Society is powered by dedicated members and volunteers, a highly competent professional staff, generous donors, engaged partners and enlightened communities who share our view that sustaining the health of our children is a critical investment in the future.*



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PLEASE VISIT US ON FACEBOOK:  
[www.facebook.com/thechildrensclinicil.org](http://www.facebook.com/thechildrensclinicil.org)

*The Oak Park River Forest Infant Welfare Society gratefully acknowledges the following contributors to this annual report:*

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Photography: Diana O. Rasche*