

Resources Serving the Melrose Park Community

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Please contact the Director of Behavioral Health with any questions on resources or referrals
320 Lake Street | Oak Park, IL | 708.848.0528 ext. 225 | www.childrensclinicwi.org

Resources Serving the Melrose Park Area

Activity Programs for Children / Programas de Actividad para Niños(as):

- Monkey Island
2100 N 15th Ave, #4, Melrose Park, IL 60160
Phone: (708) 344- 4803
Web: <http://www.playmonkeyisland.com/>
- West Cook YMCA
255 S. Marion St., Oak Park, IL 60302
Phone: (708) 0383-5200
Email: Elopez@westcookymca.org
Web: <http://www.westcookymca.org>

Crisis Assistance Programs / Programas de Asistencia para situaciones de Crisis:

- Maryville Academy Children's Crisis Nursery (Serving children 0-6 yrs and family)
6650 W Irving Park Rd, Chicago, IL 60634
Contact: Family Advocate
Phone: (773) 205-3637 (Hot Line)
Web: <http://www.Maryvilleacademy.org>

Childcare Services / Servicios de Cuido Infantil:

- Full day Childcare: IL Action for Children's
Phone: (312) 823-1100, option 3
Fax: (312) 823-1200
Web: <https://www.actforchildren.org/families/finding-child-care/>
- Half Day Childcare: Head Start
Phone: (866) 763-6484
Web: <https://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>
Email: headstart@eclks.info

DHS Office / Localizador de Oficinas DHS:

- DHS office
(Servicing zip codes 60160, 60161, 60164)
2701 W Lake St., Melrose Park, IL 60160
Phone: (708) 338-7600,
TTY: (866) 439-3720
Web: <http://www.dhs.state.il.us/page.aspx?module=12>

Domestic Violence Support / Apoyo contra la Violencia Domestica:

- Mujeres Latinas en Accion
7222 W. Cermak Rd., Ste. 509, North Riverside, IL 60546
Phone: (708) 442-1299
Hotline: (312) 738-5358
Fax: (708) 442-3442
Mail: mail@mujereslat.org
Web: <http://www.mujereslatinassenaccion.org/Contacts/contact.aspx>
- Sarah's Inn
309 Harrison St # 100, Oak Park, IL 60304
Phone: (708) 386-4225
Hotline: (708) 386-3305
Email: sarahsinn@sarahsinn.org
Web: <http://www.Sarahsinn.org>

Emergency Assistance / Asistencia de Emergencia:

- Broadway Youth Center (Specialty in serving the LGBTQ community ages 12-24 years of age) (Provides transit cards, refuge, medical care, social services, clothes, and etc.)
4025 N. Sheridan Road, Chicago, IL 60613
Phone: (773) 388-1600;
Fax: (773) 388-1602;
Medical Fax: (773) 388-8936
Web: <http://howardbrown.org/byc/>

Food Resources / Recursos de Comida:

- Mt. Carmel Parish
(Serving Melrose Park and Stone Park)
1115 N 23rd Ave, Melrose Park, IL 60160
Phone: (708) 344-4140
- The Proviso Pantry
(Serving Proviso Township)
1112 N 9th Ave, Melrose Park, IL 60160
Phone: (708) 344-8405

Home Visiting Programs / Programas de Visitas a la Casa:

- Firman Community Services (Chicago Family Case Management Program, 0-1 yrs)
4705 S. State Street, Chicago, IL 60609
Phone: (773) 373-3400
Fax: (773) 373-6749
Web: <http://www.firmancs.org/programs/cfcmp.html>
- New Moms (Mothers 24 yrs. and under. Doula, prenatal support group, home visiting)
5317 W Chicago Ave., Chicago, IL 60651
Phone: (773) 252-3253 (Contact: Gail S.)
Fax: (773) 252-5320
Web: <https://newmoms.org/what-we-do/chicago/chicago-family-support/>

Hotline Numbers / Números de Línea Directas:

- Alcohol and Drug Abuse 800.234.0420
- Alcoholics Anonymous 800.371.1475
- CARES Line (SASS) 800.345.9049
- Child Abuse, National 800.422.4453
- Crisis Center of South Suburbia 708.429.7233
- Crisis Counseling, General 847.228.6400
- Crisis Counseling, Teens 847.228.8996
- Crisis Counseling, Children 847.228.5437
- DCFS Hotline 800.252.2873
- Domestic Violence - General 800.799.7233
- Domestic Violence Hot Line-Chicago 800.603.4357
- Homeless Hotline – 800.654.8595
- Sexual Assault, General (RAINN) 800.656.4673
- Sexual Assault Hotline - Chicago 888.293.2080
- National Suicide Prevention Lifeline 800.273.8255
- Police, Fire, or Medical Emergency 911
- Runaway Switchboard 800.786.2929
- Trans Lifeline 877.565.8860
- Trevor Hotline/ Gay Youth (866) 488-7386

Housing Assistance / Asistencia de la Vivienda:

- Chicago House [TransLife Center] (Specialty in serving the LGBTQ Community)
1925 N. Clybourn, Chicago, IL 60614
Phone: (773) 248-5200
Web: <http://www.chicagohouse.org/causes/housing/>
- The Crib (Specialty in serving the LGBTQ Community) (Serving 18–24 yrs of age)
4711 N. Ravenswood Ave., Chicago, IL 60640
Phone: (773) 784-9000
Web: <http://www.thenightministries.org>
- Homeless Hotline (24-hour)
Phone: (800) 654-8595
- Housing Forward
6634 W. Roosevelt Rd., Oak Park, IL 60304
Phone: (708) 3338-1724
Fax: (708) 338-1745
Web: <http://www.housingforward.org>
- New Moms (Mothers of 24+ yrs. of age and their children of 0-5 yrs. of age)
405 South Euclid Ave, Oak Park, IL 60302
Contact Person: Gail Shelton
Phone: (773) 252-3253
Fax: (773) 252-5320
Web: <http://www.parenthesis-info.org/news/parenthesis-joins-new-moms>

Support for Families with a Family Member Incarcerated / Apoyo para Familias con un Miembro de la Familia Encarcelado:

- Rainbows Headquarters
(Group for 3rd, 4th, 5th, 6th graders)
147 Circle Ave. Forest Park, IL, 60130
Phone: (708) 366-5704
Web: <https://rainbows.org/services/find-a-group>

Job Training/Assistance Programs / Programas de Entrenamiento de Trabajo/Asistencia de Trabajo:

- Chicago House [TransLife Center] (Specialty in serving the LGBTQ Community)
1925 N. Clybourn, Chicago, IL 60614
Phone: (773) 248-5200 Intake Line
Web: <http://www.chicagohouse.org/cause/s/housing/>
- Community Support Services (CSS) (Providing Family support, Employment Assistance, and Respite Services for those with special needs)
9021 Ogden Avenue, Brookfield, IL 60513
Phone: (708) 354-4547 Ext. 142
Fax: (708) 354-7412
Web: <http://www.cssservices.org>
- Illinois Employment and Training Center (Servicing cook county)
2138 S. 61st Court, Suite 301, Cicero, IL 60804
Phone: (708) 222-3100
- Westside Health Authority
5417 W. Division Chicago, IL 60651
Contact: Jaidalyne Rand-Ousley
Phone: (773) 786-0249
Fax: (773)-786-2752
Email: jrand-ousley@healthauthority.org
Web: www.healthauthority.org

Legal Aid Assistance / Asistencia Legal de Ayuda:

- Center on Halsted
(Specialty in serving the LGBTQ Community)
3656 N Halsted St, Chicago, IL 60613
Phone: (773) 472-6469
Email: legal@centeronhalsted.org
Web: <http://www.centeronhalsted.org/legal.html>
- Illinois Legal Aid Online (ILAO)
Web: <https://www.illinoislegalaid.org/>
- Lambda Legal
(Specialty in serving the LGBTQ Community)
Midwest Regional Office
105 W Adams, 26th FL, Chicago, IL 60603
Phone: (312) 663-4413;

Toll-free (866) 542-8336

Fax: (312) 663-4307

Web: <http://www.lambdalegal.org/>

- Legal Assistance Foundation of Metropolitan Chicago (LAF) (Serving the Cook County area)
120 S LaSalle St, S:900, Chicago, IL 60603
Phone: (312) 341-1070
Fax: (312) 341-1041
Email: webmaster@lafchicago.org
Web: <https://www.lafchicago.org/>

Library / Biblioteca:

- Melrose Park Public Library
801 N 19th Ave, Melrose Park, IL 60160
Phone: (708) 343-3391
Web: <http://www.mpplibrary.org/>

Mentor Programs / Programas de Mentores:

- Maywood Youth Mentoring (Group Mentoring Program)
P. O. Box 65, Maywood, IL 60153
Phone: (708) 344-3577
Fax: (708) 344-8611
Email: barbaracole@maywoodyouthmentoring.org
Web: <http://www.maywoodyouthmentoring.org/MaywoodYouthMentoring.org/Welcome.html>

National Association Websites / Sitios Web de Asociaciones Nacional:

- Alcoholics Anonymous (AA)
<http://www.aa.org/>
- American Art Therapy Association
<http://www.arttherapy.org/>
- American Foundation for Suicide Prevention
<http://www.afsp.org/>
- Learning Disabilities Association of America (LDA)
<http://ldaamerica.org/>
- Mental Health
<http://www.mentalhealth.gov/>
- National Alliance on Mental Illness
<http://il.nami.org/>
- National Association for Loss and Grief
<http://www.nalag.org.au/index.htm>

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- National Assoc. of Anorexia Nervosa and Associated Disorders (ANAD)
<http://www.anad.org/>
- National Attention Deficit Disorder Association <http://www.add.org/>
- National Children's Advocacy Center
<http://www.nationalcac.org/>
- National Eating Disorder Association
<https://www.nationaleatingdisorders.org/learn>
- National Institute on Drug Abuse
<http://www.drugabuse.gov/>
- National Institute on Mental Health
<http://www.nimh.nih.gov/index.shtml>
- National Runaway Switchboard
<http://www.1800runaway.org/>
- Substance Abuse and Mental Health Services Admin <http://www.samhsa.gov>
- Trans Lifeline <http://translifeline.org>

Nutrition Counseling / Consejería de Nutrición:

- IWS Children's Clinic : Wendy Castro-Harris
320 Lake Street, Oak Park, IL 60302
Phone: (708) 848-0528
Email: wcastro@childrenscliniciws.org
Web: <http://childrenscliniciws.org/index.php>

Parenting Support / Apoyo para Padres:

-Breast Feeding Support

- La Leche League @ Buzz Café and Belmont Village
-905 S Lombard, Oak Park, IL 60301 (Buzz Café, first Friday of the month)
-1035 Madison St. Oak Park, IL 60302 (Belmont Village, third Tues of each month)
Contact: Maria (773) 936-4763,
Mary Anne via (708) 299-4317 or email mary.anne.zeh@gmail.com,
Jennie (773) 532-9065,
Jennifer via (708) 567-3484 or email jhawk_77004@yahoo.com
Web: <http://www.llli.org/>

-Car Seats

- Stroger Hospital (Low cost car seats)(Distribution only on certain days)
1969 W. Ogden, Chicago, IL 60612
Phone:(312)864-2016 or (312)8654-6000

Web:<http://www.cookcountyhhs.org/location/s/john-h-stroger-jr-hospital/contribute/>

-Supplies

- Firman Community Services
Chicago Family Case Management
4705 S. State Street, Chicago, IL 60609
Phone: (773) 373-3400, ext. 144 or 146
Fax: (773) 373-6749
Web:<http://www.firmancs.org/index.html>

-Workshops and Support

- New Moms (Family Support/ Free Workshops for parents with children 0-6 yrs. of age. Free childcare)
405 South Euclid Avenue, Oak Park, IL 60302
Contact Person: Gail Shelton
Phone: (773) 252-3253
Fax: (773) 252-5320
Web: <https://newmoms.org/what-we-do/suburbs/oak-park-family-support/>
- Smart Love- Rush Medical Office
Building, 610 S. Maple, Oak Park, IL 60304
Phone: (773) 655-8052; (708) 660-4301
Email: nancy.luepke@smartlovefamily.org
Web: <http://www.smartlovefamily.org/>
- Nuestra Familia/ Family Focus
1635 N. 37TH St, Melrose Park, IL 60160
Phone: (708) 652-0900
Web: <http://www.family-focus.org/centers/hermosa-nuestra-familia>

Psychiatry / Psiquiatría:

- Family Services and Mental Health Center of Cicero (age 14 and older with therapy)
5341 W. Cermak Road, Cicero, IL 60804
Phone: (708) 656-6430
Web: <http://www.cicerofs.org/>
- PCC Family Health Center
14 W. Lake street, Oak Park, IL 60302
Phone: (708) 383-0113
Web: <http://www.pccwellness.org>
- River Edge Hospital
8311 W. Roosevelt Rd, Forest Park, IL 60130
Phone: (708) 771-7000
Web:<https://www.riveredgehospital.com/>

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Renter's Rights Information / Información Correcta de los Inquilinos:

- Melrose Park Village Hall - Code Enforcement
1000 N 25th Ave, Melrose Park, IL 60160
Phone: (708) 343-4000 (ask for 4424)
Web: <http://www.melrosepark.org/contactnumbers.php>

Respite Services / Servicios de Respiro:

- ARCH National Respite Network and Resource Center
(Various Different locations depending on area; on website you will put your address and it will provide respite services in your area)
Phone: (703) 256-2084 – Contact Jill Kagan (Director)
Email: jkagan@archrespite.org
Web: https://archrespite.org/respites-locator-states?true&prox_country_id=1228&prox_state_province_id=1012
- Community Support Services (CSS)
(Providing Family support, Employment Assistance, and Respite Services for those with special needs)
9021 Ogden Avenue, Brookfield, IL 60513
Phone: (708) 354-4547 Ext. 142
Fax: (708) 354-7412
Web: <http://www.cssservices.org>

SASS/CARES LINE / Línea de SASS/Cares:

- SASS: (800)345-9049 (Voice)
(773) 523-4504 (TTY)
Web: <http://www.dhs.state.il.us/page.aspx?item=64971>

Special Needs Support / Apoyo para Necesidades Especiales:

-Education Support

- Illinois State Board of Education – Special Education Support Services Division
-100 N. 1st Street., Springfield, IL 62777
Phone: (866) 262- 6663, (217) 782-4321
-100 W. Randolph, Suite 14-300, Chicago, IL 60601
Phone: (312) 557-6763

Web: <https://www.isbe.net/Pages/Special-Education-Programs.aspx>

-Support Services

- Child and Family Connections #7
Suburban Access, Inc (Developmental evaluations for children under 3yrs old)
(Servicing Zip Codes: 60160, 60164)
4415 W. Harrison St., S:201, Hillside, IL 60162
Phone: (708) 449-0625
Fax: (708) 499-7071
Web: <http://www.dhs.state.il.us/page.aspx?module=12&OfficeType=4&County>
- Community Support Services (CSS)
(Providing Family support, Employment Assistance, and Respite Services for those with special needs)
9021 Ogden Avenue, Brookfield, IL 60513
Phone: (708) 354-4547 Ext. 142
Fax: (708) 354-7412
Web: <http://www.cssservices.org>
- Proviso Area for Exceptional Children
(Serving ages 3-22 yrs)
1000 Van Buren St, Maywood, IL 60153
Phone: (708) 450-2100
Web: <http://www.paec803.org/>

Therapy / Terapia:

-Clinical Setting

- Advocate Children's Hospital: Sibsensations
(Group Therapy for children who have siblings with Special Needs) (Serving 8yrs to 13yrs)
(Insurance Info: N/A \$5 fee per session)
Advocate Children's Hospital – Oak Lawn Conference Center – 93rd and Kilbourne Ave; Entrance F
Phone: 708-684-3225 (Contact: Carolyn McCormick)
Email: Carolyn.McCormick@advocatehealth.com
Web: <https://www.advocatehealth.com/>
- Autism Assessment, Research, Treatment, and Services Center at Rush (AARTS)
(Evaluations, therapy, and medication management for those with Autism. Parent workshops) (Serving children 8yrs -11yrs)
1645 W Jackson Bld, S:603, Chicago, IL 60612

Phone: 312-942-0819 (Contact Person:
Holly Lechniak or Jane Lee)

Fax: 312-942-2410

Email: [Holly N Lechniak@rush.edu](mailto:Holly_N_Lechniak@rush.edu) or
[Jane W Lee@rush.edu](mailto:Jane_W_Lee@rush.edu)

Web: www.rush.edu/autism

More Information for referrals to Rush:

<https://www.rush.edu/services-treatments/psychiatry/autism-resource>

- All Bright Therapies (Speech, Occupations, Group, Feeding, and fine motor therapy, Free Screenings) (Serving children birth to teens) (Insurance Info: All major insurance; private rates, BCB and Humana)
1957 W Dickens Ave, Chicago, IL 60614
Phone: 312-848-6315 (Contact: Amanda A.)
Fax: 877-227-0804
Email: Amanda.a@allbrighttherapies.com
Web: <https://allbrighttherapies.com/>
- Center on Halsted (Specialty in serving the LGBTQ Community, ages 13-24)
3656 N Halsted St, Chicago, IL 60613
Phone: (773) 472-6469 Ext. 460
Email: behavioralhealth@centeronhalsted.org
Web: <http://www.centeronhalsted.org/behavioralhealth.html>
- Chicago Dance Therapy
(Dance/Movement therapy and Counseling for those with and without special needs) (Servicing children from Birth to adulthood) (Insurance Information: Accepts BCBS, UHC, Cigna, and Sliding fee available)
1847 Oak Street, Northfield, Illinois 60093 (Inside Chicago Sports Institute—appoint. only)
Phone: 847-848-0697 (Contact: Erica Hornthal)
Email: info@chicagodancetherapy.com
Web: <http://www.chicagodancetherapy.com/>.
- ChiME: Chicago Center for Music Education (Music Therapy for those with and without special needs) (Serving children from 6 months to adulthood) (Insurance information: Does have tuition Assistance/currently \$41/session)
1148 W. Chicago Ave, Chicago, IL 60642
Phone: 312-738-2646 (Contact: Alli Dunn)

Email: info@chimemusic.org

Web: <http://www.chimemusic.org/>

- Concordia University Chicago (Training Site for community. Individual, Couple, Family therapy, and limited Psychological Services. Services provided free with limited openings).
7404 1st State Rd., River Forest, IL 60305, Christopher Center Rm 263
Phone: (708) 525-0291; (Contact Dr. Edgar Ramos)
Email: dredgararamos@gmail.com
- Corner Stones (ABA and Behavioral Therapy, Family Support for those with Autism) (Serving children 2.5 yrs to 24 yrs) (Insurance Info: UHC, BCBS PPO, Aetna, Cigna, medical card coming soon)
7360 N Lincoln Ave, S: 110, Lincolnwood, IL 60712
Phone: 855-855-2712
Fax: 847-893-8438
Email: crystal@cornerstonesil.com
Web: <https://www.cornerstonesil.com/>
- Dynamic Lynks (Music Therapy, Family Yoga, Social Skills for those with autism, developmental differences, and challenges with sensory motor skills) (Serving children from birth to adulthood)
1100 Lake Street, 100 C, Oak Park, IL 6030
Phone: 708-620-2373 (Contact: Alyssa Wilkins)
Email: alyssa@dynamiclynks.com
Web: www.dynamiclynks.com
- Family Service and Mental Health Center of Cicero
5341 W. Cermak Road, Cicero, IL 60804
Phone: (708) 656-6430
Web: <http://www.cicerofs.org/>
- Health and Wellness Center (Pilsen Wellness) (serves 5 years old and up)
1633 N. 37th Ave, Melrose Park, IL 60160
Phone: (708) 343-7860
Fax: (708) 343-7895
Web: <http://www.pilsenwellnesscenter.org/services/mental-health/>

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- Individual and Family Connection (Play therapy, Cognitive Behavioral Therapy, Parent Coaching, Family Therapy and Trauma Therapy for those with special needs and without special needs)(Serving children from 18 months to adulthood)(Medical Ins.: BCBS and Aetna. Bills out providers directly. Do not accept Medicaid; sliding fee is \$155)
2865 N Clybourn Ave, Chicago, IL 60618
Phone: 773-270-0469
Email: hello@ifccounseling.com
Web: <http://www.ifccounseling.com/>
- Jewish Child and Family Services (Psych/Neuro Evaluation, Therapy, Family Support for those with and without special needs) (Serving children 2yrs to adulthood of any religion and background)
6639 N. Kedzie, Chicago, IL 60645
(Multiple different locations)
Phone: 855-275-5237
Email: ask@jcfs.org
Web: www.jcfs.org
- LYDIA homes
4300 W Irving Park Rd, Chicago, IL 60641
Phone: (773) 653-2261
Web:<http://www.lydiahome.org/counseling-centers>
- Pillars Community Health (children, adults, families) (Addiction treatment for teens 12-17yrs; adults with mild or severe substance use disorder; Early Childhood out-patient Mental Health Services for children 4-18yrs)
-6918 Windsor Avenue, Berwyn, IL 60402 (The Fillmore Center)
-6415 Stanley Ave, Berwyn, IL 60402 (Carl Bartolucci Center)
Phone: (708) 745-5277
Fax: (708) 995.3837
Web:<http://www.pillarscommunityhealth.org>
- Presence Health (Adult Family and Children Mental Health Center)
1414 West Main Street, Melrose Park, IL 60164 (various site locations)
Phone: (708) 410-0615;
(708) 681-4357 (24-hour crisis hotline)
Web:<http://www.presencehealth.org/medical-services-behavioral-health>

- Tuesday's Child
(Serving 18months-6 years of age with behavioral challenges)(Sliding scale available)
3633 N California Ave, Chicago, IL 60618
Phone: (773) 423-5055
Web: <http://TuesdaysChildChicago.org>
- Please contact your insurance provider on more locations for therapy that they will cover around your area.

-Hospital Setting

- Chicago Behavioral Health Hospital (Inpatient/outpatient services)
555 Wilson Lane, Des Plaines, IL 60016
Phone: (844) 756-8600
Web:<http://chicagobehavioralhospital.com/>
- Chicago Lakeshore Hospital/ Children's Pavilion (Inpatient services, Partial Hospitalization and Intensive outpatient)
4720 North Clarendon, Chicago IL 60640
Intake: (800) 888-0560
Phone: (773) 878-9700
Web: www.chicagolakeshorehospital.com
- Hartgrove Hospital: Austin Family Counseling Center (Serving 4 yrs and over)
4909 West Division Street, Suite 405
Chicago, Illinois 60651
Phone: (773) 921-7805
Web: <http://www.hartgrovehospital.com/>
- River Edge Hospital (Group Therapy, Inpatient, Outpatient programs) (children 3-17 yrs.)
8311 W. Roosevelt Rd, Forest Park, IL 60130
Phone: (708) 771-7000
Web:<https://www.riveredgehospital.com/>

Township / Municipio:

- Melrose Park Village Hall
1000 N. 25th Ave, Melrose Park, IL 60160
Phone: (708) 343-4000
Web:<http://www.melrosepark.org/contactnumbers.php>

Utility Assistance / Asistencia de Utilidad:

- CEDA
6141 W. Roosevelt Rd, Cicero, IL 60804
Phone: (708) 222-3824
Web: <http://www.cedaorg.net>

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WIC / WIC:

- CEDA - OP WIC
6026 W. Roosevelt Rd, Oak Park, IL 60304
Phone: (708) 445-3314
Web: <http://www.dhs.state.il.us/page.aspx?module=12>

- CEDA - Maywood WIC
411 Madison St., Maywood, IL 60153
Phone: (708) 236-0728
- Cook County DPH Maywood WIC
1701 S 1st Ave, Maywood, IL 60153
Phone: (708) 786-4220