Resources Serving the Melrose Park Community

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Please contact the Director of Behavioral Health with any questions on resources or referrals
320 Lake Street | Oak Park, IL | 708.848.0528 ext. 225 | www.childrenscliniciws.org

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Resources Serving the Melrose Park Area

**Activity Programs for Children / Programas de Actividad para Niños(as):**
- Monkey Island
  2100 N 15th Ave, #4, Melrose Park, IL 60160
  Phone: (708) 344-4803
  Web: [http://www.playmonkeyisland.com/](http://www.playmonkeyisland.com/)
- West Cook YMCA
  255 S. Marion St., Oak Park, IL 60302
  Phone: (708) 0383-5200
  Email: Elopez@westcookymca.org
  Web: [http://www.westcookymca.org](http://www.westcookymca.org)

**Crisis Assistance Programs / Programas de Asistencia para situaciones de Crisis:**
- Maryville Academy Children’s Crisis Nursery (Serving children 0-6 yrs and family)
  6650 W Irving Park Rd, Chicago, IL 60634
  Contact: Family Advocate
  Phone: (773) 205-3637 (Hot Line)

**Childcare Services / Servicios de Cuido Infantil:**
- Full day Childcare: IL Action for Children’s
  Phone: (312) 823-1100, option 3
  Fax: (312) 823-1200
  Web: [https://www.actforchildren.org/for-families/finding-child-care/](https://www.actforchildren.org/for-families/finding-child-care/)
- Half Day Childcare: Head Start
  Phone: (866) 763-6484
  Email: headstart@eclks.info

**DHS Office / Localizador de Oficinas DHS:**
- DHS office
  (Servicing zip codes 60160, 60161, 60164)
  2701 W Lake St., Melrose Park, IL 60160
  Phone: (708) 338-7600,
  TTY: (866) 439-3720

**Domestic Violence Support / Apoyo contra la Violencia Domestica:**
- Mujeres Latinas en Accion
  7222 W. Cermak Rd., Ste. 509, North Riverside, IL 60546
  Phone: (708) 442-1299
  Hotline: (312) 738-5358
  Fax: (708) 442-3442
  Mail: mail@mujereslat.org
  Web:[http://www.mujereslatinasenaccion.org/Contacts/contact.aspx](http://www.mujereslatinasenaccion.org/Contacts/contact.aspx)
- Sarah's Inn
  309 Harrison St # 100, Oak Park, IL 60304
  Phone: (708) 386-4225
  Hotline: (708) 386-3305
  Email: sarahsinn@sarahsinn.org
  Web: [http://www.Sarahsinn.org](http://www.Sarahsinn.org)

**Emergency Assistance / Asistencia de Emergencia:**
- Broadway Youth Center (Speciality in serving the LGBTQ community ages 12-24 years of age) (Provides transit cards, refuge, medical care, social services, clothes, and etc.)
  4025 N. Sheridan Road, Chicago, IL 60613
  Phone: (773) 388-1600;
  Fax: (773) 388-1602;
  Medical Fax: (773) 388-8936
  Web: [http://howardbrown.org/byc/](http://howardbrown.org/byc/)

**Food Resources / Recursos de Comida:**
- Mt. Carmel Parish
  (Serving Melrose Park and Stone Park)
  1115 N 23rd Ave, Melrose Park, IL 60160
  Phone: (708) 344-4140
- The Proviso Pantry
  (Serving Proviso Township)
  1112 N 9th Ave, Melrose Park, IL 60160
  Phone: (708) 344-8405

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320 Lake Street | Oak Park, IL | 708.848.0528 ext. 225 | [www.childrenscliniciws.org](http://www.childrenscliniciws.org)
Home Visiting Programs / Programas de Visitas a la Casa:
- Firman Community Services (Chicago Family Case Management Program, 0-1 yrs)
  4705 S. State Street, Chicago, IL 60609
  Phone: (773) 373-3400
  Fax: (773) 373-6749
  Web: http://www.firmancs.org/programs_cfcmp.html
- New Moms (Mothers 24 yrs. and under. Doula, prenatal support group, home visiting)
  5317 W Chicago Ave., Chicago, IL 60651
  Phone: (773) 252-3253 (Contact: Gail S.)
  Fax: (773) 252-5320
  Web: https://newmoms.org/what-we-do/chicago/chicago-family-support/

Hotline Numbers / Números de Línea Directas:
- Alcohol and Drug Abuse 800.234.0420
- Alcoholics Anonymous 800.371.1475
- CARES Line (SASS) 800.345.9049
- Child Abuse, National 800.422.4453
- Crisis Center of South Suburba 708.429.7233
- Crisis Counseling, General 847.228.6400
- Crisis Counseling, Teens 847.228.8996
- Crisis Counseling, Children 847.228.5437
- DCFS Hotline 800.252.2873
- Domestic Violence - General 800.799.7233
- Domestic Violence Hot Line-Chicago 800.603.4357
- Homeless Hotline – 800.654.8595
- Sexual Assault, General (RAINN) 800.656.4673
- Sexual Assault Hotline - Chicago 888.293.2080
- National Suicide Prevention Lifeline 800.273.8255
- Police, Fire, or Medical Emergency 911
- Runaway Switchboard 800.786.2929
- Trans Lifeline 877.565.8860
- Trevor Hotline/ Gay Youth (866) 488-7386

Housing Assistance / Asistencia de la Vivienda:
- Chicago House [TransLife Center] (Specialty in serving the LGBTQ Community)
  1925 N. Clybourn, Chicago, IL 60614
  Phone: (773) 248-5200
  Web: http://www.chicagohouse.org/cause/housing/
- The Crib (Specialty in serving the LGBTQ Community) (Serving 18–24 yrs of age)
  4711 N. Ravenswood Ave., Chicago, IL 60640
  Phone: (773) 784-9000
  Web: http://www.thenightministries.org
- Homeless Hotline (24-hour)
  Phone: (800) 654-8595
- Housing Forward
  6634 W. Roosevelt Rd., Oak Park, IL 60304
  Phone: (708) 333-1724
  Fax: (708) 338-1745
  Web: http://www.housingforward.org
- New Moms (Mothers of 24+ yrs. of age and their children of 0-5 yrs. of age)
  405 South Euclid Ave, Oak Park, IL 60302
  Contact Person: Gail Shelton
  Phone: (773) 252-3253
  Fax: (773) 252-5320

Support for Families with a Family Member Incarcerated / Apoyo para Familias con un Miembro de la Familia Encarcelado:
- Rainbows Headquarters
  (Group for 3rd, 4th, 5th, 6th graders)
  147 Circle Ave. Forest Park, IL 60130
  Phone: (708) 366-5704
  Web: https://rainbows.org/services/find-a-group

Please contact the Director of Behavioral Health with any questions on resources or referrals
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Job Training/Assistance Programs / Programas de Entrenamiento de Trabajo/Asistencia de Trabajo:

- Chicago House [TransLife Center] (Specialty in serving the LGBTQ Community)
  1925 N. Clybourn, Chicago, IL 60614
  Phone: (773) 248-5200 Intake Line
  Web: [http://www.chicagohouse.org/cause/shousing/](http://www.chicagohouse.org/cause/shousing/)

- Community Support Services (CSS) (Providing Family support, Employment Assistance, and Respite Services for those with special needs)
  9021 Ogden Avenue, Brookfield, IL 60513
  Phone: (708) 354-4547 Ext. 142
  Fax: (708) 354-7412
  Web: [http://www.cssservices.org](http://www.cssservices.org)

- Illinois Employment and Training Center (Serving cook county)
  2138 S. 61st Court, Suite 301, Cicero, IL 60804
  Phone: (708) 222-3100

- Westside Health Authority
  5417 W. Division Chicago, IL 60651
  Contact: Jaidalyne Rand-Ousley
  Phone: (773) 786-0249
  Fax: (773)-786-2752
  Email: jrand-ousley@healthauthority.org
  Web: [www.healthauthority.org](http://www.healthauthority.org)

Legal Aid Assistance / Asistencia Legal de Ayuda:

- Center on Halsted
  (Specialty in serving the LGBTQ Community)
  3656 N Halsted St, Chicago, IL 60613
  Phone: (773) 472-6469
  Email: legal@centeronhalsted.org
  Web: [http://www.centeronhalsted.org/legal.html](http://www.centeronhalsted.org/legal.html)

- Illinois Legal Aid Online (ILAO)
  Web: [https://www.illinoislegalaid.org/](https://www.illinoislegalaid.org/)

- Lambda Legal
  (Specialty in serving the LGBTQ Community)
  Midwest Regional Office
  105 W Adams, 26th Fl, Chicago, IL 60603
  Phone: (312) 663-4413;
  Toll-free (866) 542-8336
  Fax: (312) 663-4307

- Legal Assistance Foundation of Metropolitan Chicago (LAF)
  (Serving the Cook County area)
  120 S LaSalle St, S:900, Chicago, IL 60603
  Phone: (312) 341-1070
  Fax: (312) 341-1041
  Email: webmaster@lafchicago.org
  Web: [https://www.lafchicago.org/](https://www.lafchicago.org/)

Library / Biblioteca:

- Melrose Park Public Library
  801 N 19th Ave, Melrose Park, IL 60160
  Phone: (708) 343-3391
  Web: [http://www.mpplibrary.org/](http://www.mpplibrary.org/)

Mentor Programs / Programas de Mentores:

- Maywood Youth Mentoring
  (Group Mentoring Program)
  P. O. Box 65, Maywood, IL 60153
  Phone: (708) 344-3577
  Fax: (708) 344-8611
  Email: barbaracole@maywoodyouthmentoring.org
  Web: [http://www.maywoodyouthmentoring.org/MaywoodYouthMentoring.org/Welcome.html](http://www.maywoodyouthmentoring.org/MaywoodYouthMentoring.org/Welcome.html)

National Association Websites / Sitios Web de Asociaciones Nacional:

- Alcoholics Anonymous (AA)

- American Art Therapy Association

- American Foundation for Suicide Prevention

- Learning Disabilities Association of America (LDA)

- Mental Health

- National Alliance on Mental Illness
  [http://il.nami.org/](http://il.nami.org/)

- National Association for Loss and Grief

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- Nutrition Counseling / Consejería de Nutrición:
  - IWS Children’s Clinic: Wendy Castro-Harris
    320 Lake Street, Oak Park, IL 60302
    Phone: (708) 848-0528
    Email: wcastro@childrenscliniciws.org
    Web: http://childrenscliniciws.org/index.php

- Parenting Support / Apoyo para Padres:
  - Breast Feeding Support
    - La Leche League @ Buzz Café and Belmont Village
      - 905 S Lombard, Oak Park, IL 60301 (Buzz Café, first Friday of the month)
      - 1035 Madison St. Oak Park, IL 60302 (Belmont Village, third Tues of each month)
    Contact: Maria (773) 936-4763, Mary Anne via (708) 299-4317 or email
    mary.anne.zeh@gmail.com,
    Jennie (773) 532-9065,
    Jennifer via (708) 567-3484 or email
    jhawk_77004@yahoo.com
    Web: http://www.lli.org/

- Car Seats
  - Stroger Hospital (Low cost car seats) Distribution only on certain days
    1969 W. Ogden, Chicago, IL 60612
    Phone: (312) 864-2016 or (312) 865-6000

Web: http://www.cookcountyhhs.org/locations/john-h-stroger-jr-hospital/contribute/

- Supplies
  - Firman Community Services
    Chicago Family Case Management
    4705 S. State Street, Chicago, IL 60609
    Phone: (773) 373-3400, ext. 144 or 146
    Fax: (773) 373-6749
    Web: http://www.firmancs.org/index.html

- Workshops and Support
  - New Moms (Family Support/ Free Workshops for parents with children 0-6 yrs.
    of age. Free childcare)
    405 South Euclid Avenue, Oak Park, IL 60302
    Contact Person: Gail Shelton
    Phone: (773) 252-3253
    Fax: (773) 252-5320
    Web: https://newmoms.org/what-we-do/suburbs/oak-park-family-support/

  - Smart Love - Rush Medical Office
    Building, 610 S. Maple, Oak Park, IL 60304
    Phone: (773) 655-8052; (708) 660-4301
    Email: nancy.luepke@smartlovefamily.org
    Web: http://www.smartlovefamily.org/

  - Nuestra Familia / Family Focus
    1635 N. 37th St, Melrose Park, IL 60160
    Phone: (708) 652-0900
    Web: http://www.family-focus.org/centers/hermosa-nuestra-familia

- Psychiatry / Psiquiatría:
  - Family Services and Mental Health Center of Cicero (age 14 and older with therapy)
    5341 W. Cermak Road, Cicero, IL 60804
    Phone: (708) 656-6430
    Web: http://www.cicerofs.org/

  - PCC Family Health Center
    14 W. Lake street, Oak Park, IL 60302
    Phone: (708) 383-0113
    Web: http://www.pccwellness.org

  - River Edge Hospital
    8311 W. Roosevelt Rd, Forest Park, IL 60130
    Phone: (708) 771-7000
    Web: https://www.riveredgehospital.com/

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Renter’s Rights Information / Información Correcta de los Inquilinos:
- Melrose Park Village Hall - Code Enforcement
  1000 N 25 th Ave, Melrose Park, IL 60160
  Phone: (708) 343-4000 (ask for 4424)
  Web: http://www.melrosepark.org/contactnumbers.php

Respite Services / Servicios de Respiro:
- ARCH National Respite Network and Resource Center
  (Various Different locations depending on area; on website you will put your address and it will provide respite services in your area)
  Phone: (703) 256-2084 – Contact Jill Kagan (Director)
  Email: jkagan@archrespite.org
  Web: https://archrespite.org/respite-locator-states?true&prox_country_id=1228&prox_state_province_id=1012
- Community Support Services (CSS)
  (Providing Family support, Employment Assistance, and Respite Services for those with special needs)
  9021 Ogden Avenue, Brookfield, IL 60513
  Phone: (708) 354-4547 Ext. 142
  Fax: (708) 354-7412
  Web: http://www.cssservices.org

SASS/CARES LINE / Línea de SASS/Cares:
- SASS: (800)345-9049 (Voice)
  (773) 523-4504 (TTY)
  Web: http://www.dhs.state.il.us/page.aspx?item=64971

Special Needs Support / Apoyo para Necesidades Especiales:
- Education Support
  - Illinois State Board of Education – Special Education Support Services Division
    100 N. 1 st Street., Springfield, IL 62777
    Phone: (866) 262-6663, (217) 782-4321
    100 W. Randolph, Suite 14-300, Chicago, IL 60601
    Phone: (312) 557-6763

Web: https://www.isbe.net/Pages/Special-Education-Programs.aspx

Therapy / Terapia:
- Clinical Setting
  - Advocate Children’s Hospital: Sibsensations
    (Group Therapy for children who have siblings with Special Needs) (Serving 8yrs to 13yrs)
    (Insurance Info: N/A $5 fee per session)
    Advocate Children’s Hospital – Oak Lawn Conference Center – 93 rd and Kilbourne Ave; Entrance F
    Phone: 708-684-3225 (Contact: Carolyn McCormick)
    Email: Carolyn.McCormick@advocatehealth.com
    Web: https://www.advocatehealth.com/

- Autism Assessment, Research, Treatment, and Services Center at Rush (AARTS)
  (Evaluations, therapy, and medication management for those with Autism. Parent workshops) (Serving children 8yrs -11yrs)
  1645 W Jackson Bld, S:603, Chicago, IL 60612

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- All Bright Therapies (Speech, Occupations, Group, Feeding, and fine motor therapy, Free Screenings) (Serving children birth to teens) (Insurance Info: All major insurance; private rates, BCB and Humana) 1957 W Dickens Ave, Chicago, IL 60614 Phone: 312-848-6315 (Contact: Amanda A.) Fax: 877-227-0804 Email: Amanda.a@allbrighttherapies.com Web: https://allbrighttherapies.com/

- Center on Halsted (Specialty in serving the LGBTQ Community, ages 13-24) 3656 N Halsted St, Chicago, IL 60613 Phone: (773) 472-6469 Ext. 460 Email: behavioralhealth@centeronhalsted.org Web:http://www.centeronhalsted.org/behavioralhealth.html

- Chicago Dance Therapy (Dance/Movement therapy and Counseling for those with and without special needs) (Servicing children from Birth to adulthood) (Insurance Information: Accepts BCBS, UHC, Cigna, and Sliding fee available) 1847 Oak Street, Northfield, Illinois 60093 (Inside Chicago Sports Institute–appoint. only) Phone: 847-848-0697 (Contact: Erica Hornthal) Email: info@chicagodancetherapy.com Web: http://www.chicagodancetherapy.com/

- ChiME: Chicago Center for Music Education (Music Therapy for those with and without special needs) (Serving children from 6 months to adulthood) (Insurance information: Does have tuition Assistance/currently $41/session) 1148 W. Chicago Ave, Chicago, IL 60642 Phone: 312-738-2646 (Contact: Alli Dunn)

- Concordia University Chicago (Training Site for community. Individual, Couple, Family therapy, and limited Psychological Services. Services provided free with limited openings). 7404 usta Rd., River Forest, IL 60305, Christopher Center Rm 263 Phone: (708) 525-0291; (Contact Dr. Edgar Ramos) Email: dredgaramos@gmail.com

- Corner Stones (ABA and Behavioral Therapy, Family Support for those with Autism) (Serving children 2.5 yrs to 24 yrs) (Insurance Info: UHC, BCBS PPO, Aetna, Cigna, medical card coming soon) 7360 N Lincoln Ave, S: 110, Lincolnwood, IL 60712 Phone: 855-855-2712 Fax: 847-893-8438 Email: crystal@cornerstonesil.com Web: https://www.cornerstonesil.com/

- Dynamic Lynks (Music Therapy, Family Yoga, Social Skills for those with autism, developmental differences, and challenges with sensory motor skills) (Serving children from birth to adulthood) 1100 Lake Street, 100 C, Oak Park, IL 6030 Phone: 708-620-2373 (Contact: Alyssa Wilkins) Email: alyssa@dynamiclynks.com Web: www.dynamiclynks.com

- Family Service and Mental Health Center of Cicero 5341 W. Cermak Road, Cicero, IL 60804 Phone: (708) 656-6430 Web: http://www.cicerofs.org/

- Health and Wellness Center (Pilsen Wellness) (serves 5 years old and up) 1633 N. 37th Ave, Melrose Park, IL 60160 Phone: (708) 343-7860 Fax: (708) 343-7895 Web:http://www.pilsenwellnesscenter.org/services/mental-health/

- Please contact the Director of Behavioral Health with any questions on resources or referrals

Phone: 312-942-0819 (Contact Person: Holly Lechniak or Jane Lee) Fax: 312-942-2410 Email: Holly_N_Lechniak@rush.edu or Jane_W_Lee@rush.edu Web: www.rush.edu/autism

More Information for referrals to Rush: https://www.rush.edu/services-treatments/psychiatry/autism-resource

- More Information

Email: info@chimemusic.org Web: http://www.chimemusic.org/
- Individual and Family Connection (Play therapy, Cognitive Behavioral Therapy, Parent Coaching, Family Therapy and Trauma Therapy for those with special needs and without special needs) (Serving children from 18 months to adulthood) (Medical Ins.: BCBS and Aetna. Bills out providers directly. Do not accept Medicaid; sliding fee is $155)
  2865 N Clybourn Ave, Chicago, IL 60618
  Phone: 773-270-0469
  Email: hello@ifccounseling.com
  Web: http://www.ifccounseling.com/

- Jewish Child and Family Services (Psych/Neuro Evaluation, Therapy, Family Support for those with and without special needs) (Serving children 2yrs to adulthood of any religion and background)
  6639 N. Kedzie, Chicago, IL 60645
  (Multiple different locations)
  Phone: 855-275-5237
  Email: ask@jcfs.org
  Web: www.jcfs.org

- LYDIA homes
  4300 W Irving Park Rd, Chicago, IL 60641
  Phone: (773) 653-2261
  Web: http://www.lydiahome.org/counseling-centers

- Pillars Community Health (children, adults, families) (Addiction treatment for teens 12-17yrs; adults with mild or severe substance use disorder; Early Childhood out-patient Mental Health Services for children 4-18yrs)
  -6918 Windsor Avenue, Berwyn, IL 60402
  (The Fillmore Center)
  -6415 Stanley Ave, Berwyn, IL 60402
  (Carl Bartolucci Center)
  Phone: (708) 745-5277
  Fax: (708) 995.3837
  Web: http://www.pillarscommunityhealth.org

- Presence Health (Adult Family and Children Mental Health Center)
  1414 West Main Street, Melrose Park, IL 60164 (various site locations)
  Phone: (708) 410-0615;
  (708) 681-4357 (24-hour crisis hotline)
  Web: http://www.presencehealth.org/medical-services-behavioral-health

- Tuesday’s Child (Serving 18months-6 years of age with behavioral challenges) (Sliding scale available)
  3633 N California Ave, Chicago, IL 60618
  Phone: (773) 423-5055
  Web: http://TuesdaysChildChicago.org

- Please contact your insurance provider on more locations for therapy that they will cover around your area.

-Hospital Setting
- Chicago Behavioral Health Hospital (Inpatient/outpatient services)
  555 Wilson Lane, Des Plaines, IL 60016
  Phone: (844) 756-8600
  Web: http://chicagobehavioralhospital.com/

- Chicago Lakeshore Hospital/ Children’s Pavilion (Inpatient services, Partial Hospitalization and Intensive outpatient)
  4720 North Clarendon, Chicago IL 60640
  Intake: (800) 888-0560
  Phone: (773) 878-9700
  Web: www.chicagolakeshorehospital.com

- Hartgrove Hospital: Austin Family Counseling Center (Serving 4 yrs and over)
  4909 West Division Street, Suite 405 Chicago, Illinois 60651
  Phone: (773) 921-7805
  Web: http://www.hartgrovehospital.com/

- River Edge Hospital (Group Therapy, Inpatient, Outpatient programs) (children 3-17 yrs.)
  8311 W. Roosevelt Rd, Forest Park, IL 60130
  Phone: (708) 771-7000
  Web: https://www.riveredgehospital.com/

-Township / Municipio:
- Melrose Park Village Hall
  1000 N. 25th Ave, Melrose Park, IL 60160
  Phone: (708) 343-4000
  Web: http://www.melrosepark.org/contactnumbers.php

- Utility Assistance / Asistencia de Utilidad:
- CEDA
  6141 W. Roosevelt Rd, Cicero, IL 60804
  Phone: (708) 222-3824
  Web: http://www.cedaorg.net

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WIC / WIC:

- CEDA - OP WIC
  6026 W. Roosevelt Rd, Oak Park, IL 60304
  Phone: (708) 445-3314
  Web: http://www.dhs.state.il.us/page.asp?module=12

- CEDA - Maywood WIC
  411 Madison St., Maywood, IL 60153
  Phone: (708) 236-0728

- Cook County DPH Maywood WIC
  1701 S 1st Ave, Maywood, IL 60153
  Phone: (708) 786-4220