PATIENT RESOURCES AVAILABLE TO FAMILIES DURING COVID-19 PANDEMIC

Behavioral Health: CMHB of OP Social Service Resource Guide
Behavioral Health: What is Telehealth and other information
Behavioral Health: Crisis Texting
Behavioral Health: NAMI Responding to Anxiety and Other Resources
Crisis Text Line
Education: CPS update
Employment: Applying for Unemployment
Finance: temporary Assistance for Needy Families (TANF)
Finance: comcast Response to support during COVID-19
Finance: Tips and Information on payment options:
  • If you have credit card payments, please reach out to each of them directly and inform
    them of your income challenges due to the coronavirus so that they can explain options
    that would be available to you.
  • Si usted tiene pagos para tarjetas de crédito, por favor de llamarles directamente y
    dejarles saber que el ingreso de usted está afectado por el crisis de la Coronavirus para
    que ellos comparten con usted sus opciones.
Food: Resources on meals and pantries
Food: CPS Free meal information
Housing: Chicago Family & Support Service (Rental Assistance)
Housing: IL HUD Counseling
News: National Updates on Coronavirus
News: City of Chicago Coronavirus Response
Parenting: How to Talk to Your Kids About Coronavirus
Parenting: Explaining Coronavirus to Children
Parenting: Helping our Kid’s Disappointment when everything is cancelled
Safe Place: Domestic Violence Hotline Information: 877-863-6338 or 800-799-7233 (Safe)
Safe Place: Mujeres Latinas en Accion (Domestic Violence Resources):
  • Still doing services via online & phone for adults & children 5-12yrs. They also continue to
    help with court advocates.
  • Todavía están dando servicios por el internet y teléfono para adultos y niños(as) 5-12
    años. También están ayudando con defensores de corte.
Transportation: Pace Information
Transportation: CTA Information