## Resources Serving the River Forest Community

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Please contact the Director of Behavioral Health with any questions on resources or referrals
320 Lake Street | Oak Park, IL | 708.848.0528 ext. 225 | [www.childrenscliniciws.org](http://www.childrenscliniciws.org)

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Resources Serving the River Forest Area

Activity Programs for Children / Programas de Actividad para Niños(as):
- Park district (4 years of age and older)
  401 Thatcher ave, River Forest, IL 60305
  Phone: (708) 366-6660
  Email: info@rfparks.com
  Web: http://www.RFParks.com
- RF Community Center
  (6 weeks and older of age)
  8020 Madison St, River Forest, IL 60305
  Phone: (708) 77-6159
  Email: iconrad@rfcc.info
  Web: http://www.rfcc.info
- West Cook YMCA
  255 S. Marion St., Oak Park, IL 60302
  Phone: (708) 383-5200
  Email: Elijah@westcookymca.org
  Web: http://www.wescookymca.org

Crisis Assistance Programs / Programas de Asistencia para situaciones de Crisis:
- Maryville Academy Children’s Crisis Nursery (Serving children 0-6 yrs and family)
  6650 W Irving Park Rd, Chicago, IL 60634
  Contact: Family Advocate
  Phone: (773) 205-3637 (Hot Line)
  Web: http://www.Maryvilleacademy.org

Childcare Services / Servicios de Cuido Infantil:
- Full day Childcare: IL Action for Children’s
  Phone: (312) 823-1100
  Fax: (312) 823-1200
  Web: https://www.actforchildren.org/forfamilies/finding-child-care/
- Half Day Childcare: Head Start
  Phone: (866) 763-6484
  Web: https://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices
  Email: headstart@eclks.io

DHS Office / Localizador de Oficinas DHS:
- DHS Office
  2701 W. Lake St., Melrose Park, IL 60160
  Phone: (708) 338-7600,
  TTY: (866) 439-3720
  Web: http://www.dhs.state.il.us/page.aspx?module=12

Domestic Violence Support / Apoyo contra la Violencia Domestica:
- Mujeres Latinas en Accion
  7222 W. Cermak Rd., Ste. 509, North Riverside, IL 60546
  Phone: (708) 442-1299
  Hotline: (312) 738-5358
  Fax: (708) 442-3442
  Mail: mail@mujereslat.org
  Web: http://www.mujereslatinasenaccion.org/Contacts/contact.aspx
- Sarah’s Inn
  309 Harrison St # 100, Oak Park, IL 60304
  Phone: (708) 386-4225
  Hotline: (708) 386-3305
  Email: sarahsinn@sarahsinn.org
  Web: http://www.Sarahsinn.org

Emergency Assistance / Asistencia de Emergencia:
Broadway Youth Center (Specialty in serving the LGBTQ community ages 12-24 yrs of age) (Provides transit cards, refuge, medical care, social services, clothes, and etc.)
- 4025 N. Sheridan Road, Chicago, IL 60613
  Phone: (773) 388-1600
  Fax: (773) 388-1602;
  Medical Fax: (773) 388-8936
  Web: http://howardbrown.org/byc/

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**Food Resources / Recursos de Comida:**
- OPRF Food Pantry (Serving 60305)  
  848 Lake Street, Oak Park, IL 60301  
  Phone: (708) 386-1324  
  Email: info@oprffoodpantry.org  
  Web: http://www.oprffoodpantry.org

**Home Visiting Programs / Programas de Visitas a la Casa:**
- Easter Seals (Head start ages 0-5 yrs old)  
  1939 West 13th Street, Suite 300, Chicago, IL 60608  
  Phone: (312) 491-4110  
  Email: info@easterseals.com  
  Web: http://www.easterseals.com/
- Firman Community Services (Chicago Family Case Management Program, 0-1 yrs)  
  4705 S. State Street, Chicago, IL 60609  
  Phone: (773) 373-3400  
  Fax: (773) 373-6749  
  Web: http://www.firmancs.org/programs_cfcmp.html
- Hephzibah Children’s Association: Head Start-Based Program  
  (3-5 years of age)  
  946 North Boulevard, Oak Park, IL 60301  
  Contact: Evangeline Leggin  
  Phone: (708) 649-7101  
  Web: http://www.hephzibahhome.org/
- New Moms (Mothers 24 yrs. and under. Doula, prenatal support group, home visiting)  
  5317 W Chicago Ave., Chicago, IL 60651  
  Phone: (773) 252-3253 (Contact: Gail S.)  
  Fax: (773) 252-5320  
  Web: https://newmoms.org/what-we-do/chicago/chicago-family-support/

**Hotline Numbers / Números de Línea Directas:**
- Alcohol and Drug Abuse 800.234.0420  
- Alcoholics Anonymous 800.371.1475  
- CARES Line (SASS) 800.345.9049  
- Child Abuse, National 800.422.4453  
- Crisis Center of South Suburbia 708.429.7233  
- Crisis Counseling, General 847.228.6400  
- Crisis Counseling, Teens 847.228.8996  
- Crisis Counseling, Children 847.228.5437  
- DCFS Hotline 800.252.2873  
- Domestic Violence - General 800.799.7233  
- Domestic Violence Hot Line-Chicago 800.603.4357  
- Homeless Hotline – 800.654.8595  
- Sexual Assault, General (RAINN) 800.656.4673  
- Sexual Assault Hotline - Chicago 888.293.2080  
- National Suicide Prevention Lifeline 800.273.8255  
- Police, Fire, or Medical Emergency 911  
- Runaway Switchboard 800.786.2929  
- Trans Lifeline 877.565.8860  
- Trevor Hotline/ Gay Youth (866) 488-7386

**Housing Assistance / Asistencia de la Vivienda:**
- Chicago House [TransLife Center] (Specialty in serving the LGBTQ Community)  
  1925 N. Clybourn, Chicago, IL 60614  
  Phone: (773) 248-5200  
  Web: http://www.chicagohouse.org/causes/housing/
- The Crib (Specialty in serving the LGBTQ Community) (Serving 18–24 yrs of age)  
  4711 N. Ravenswood Ave., Chicago, IL 60640  
  Phone: (773) 784-9000  
  Web: http://www.thenightministries.org
- Homeless Hotline (24-hour)  
  Phone: (800) 654-8595  
- Housing Forward  
  6634 W. Roosevelt Rd., Oak Park, IL 60304  
  Phone: (708) 3338-1724  
  Toll Free (888) 338-1744  
  Fax: (708) 338-1745  
  Web: http://www.housingforward.org
- New Moms (Mothers of 24+ yrs. of age and their children of 0-5 yrs. of age)  
  405 S Euclid Avenue, Oak Park, IL 60302

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Contact Person: Gail Shelton
Phone: (773) 252-3253
Fax: (773) 252-5320

Support for Families with a Family Member Incarcerated / Apoyo para Familias con un Miembro de la Familia Encarcelado:
- Rainbows Headquarters (Group for 3rd, 4th, 5th, 6th graders)
  147 Circle Ave., Forest Park, IL 60130
  Phone: (708) 366-5704
  Web: https://rainbows.org/services/find-a-group

Job Training/Assistance Programs / Programas de Entrenamiento de Trabajo/Asistencia de Trabajo:
- Chicago House [TransLife Center] (Specialty in serving the LGBTQ Community)
  1925 N. Clybourn, Chicago, IL 60614
  Phone: (773) 248-5200 Intake Line
  Web: http://www.chicagohouse.org/causes/housing/
- Community Support Services (CSS) (Providing Family support, Employment Assistance, and Respite Services for those with special needs)
  9021 Ogden Avenue, Brookfield, IL 60513
  Phone: (708) 354-4547 Ext. 142
  Fax: (708) 354-7412
  Web: http://www.cssservices.org
- Illinois Employment and Training Center (Serving cook county)
  2138 S. 61st Court, Suite 301, Cicero, IL 60804
  Phone: (708) 222-3100
- Westside Health Authority
  5417 W. Division Chicago, IL 60651
  Contact: Jaidalyne Rand-Ousley
  Phone: (773) 786-0249
  Fax: (773)-786-2752
  Email: jrand-ousley@healthauthority.org
  Web: www.healthauthority.org

Legal Aid Assistance / Asistencia Legal de Ayuda:
- Center on Halsted (Specialty in serving the LGBTQ Community)
  3656 N Halsted St, Chicago, IL 60613
  Phone: (773) 472-6469
  Email: legal@centeronhalsted.org
  Web: http://www.centeronhalsted.org/legal.html
- Illinois Legal Aid Online (ILAO)
  Web: https://www.illinoislegalaid.org/
- Lambda Legal (Specialty in serving the LGBTQ Community)
  Midwest Regional Office
  105 W Adams, 26th FL, Chicago, IL 60603
  Phone: (312) 663-4413
  Toll-free (866) 542-8336
  Fax: (312) 663-4307
  Web: http://www.lambdalegal.org/
- Legal Assistance Foundation of Metropolitan Chicago (LAF) (Serving the Cook County area)
  120 S LaSalle St, S:900, Chicago, IL 60603
  Phone: (312) 341-1070
  Fax: (312) 341-1041
  Email: webmaster@lafchicago.org
  Web: https://www.lafchicago.org/

Library / Biblioteca:
- RF Public Library (Story time ranges from 0-6 years of age)
  735 Lathrop ave, River Forest, IL 60305
  Phone: (708) 366-5205, Ext. 312
  Email: childrens@riverforestlibrary.org
  Web: http://www.riverforestlibrary.org

Mentor Programs / Programas de Mentores:
- Maywood Youth Mentoring (Group Mentoring Program)
  P. O. Box 65, Maywood, IL 60153
  Phone: (708) 344-3577
  Fax: (708) 344-8611
  Email: barbaracole@maywoodyouthmentoring.org
  Web: http://www.maywoodyouthmentoring.org

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Parenting Support / Apoyo para Padres:
-Breast Feeding Support
  -La Leche League @ Buzz Café and Belmont Village
    -905 S Lombard, Oak Park, IL 60301 (Buzz Café, first Friday of the month)
    -1035 Madison St. Oak Park, IL 60302 (Belmont Village, third Tues of each month)
    Contact: Maria (773) 936-4763, Mary Anne via (708) 299-4317 or email
      mary.anne.zeh@gmail.com, Jennie (773) 532-9065, Jennifer via (708) 567-3484 or email
      jhawk_77004@yahoo.com
    Web: http://www.lli.org/

-Car Seats
  -Stroger Hospital (Low cost car seats)(Distribution only on certain days)
    1969 W. Ogden, Chicago, IL 60612
    Phone:(312)864-2016 or (312)8654-6000
    Web: http://www.cookcountyhhs.org/location
    s/john-h-stroger-jr-hospital/contribute/

-Supplies
  -Firman Community Services
    Chicago Family Case Management
    4705 S. State Street, Chicago, IL 60609
    Phone: (773) 373-3400, ext. 144 or 146
    Fax: (773) 373-6749
    Web: http://www.firmancs.org/index.html

-Workshops and Support
  -Hephzibah Children’s Association
    946 North Boulevard
    Oak Park, IL 60301
    Phone (708) 649-7100
    Fax (708) 649-7102
    Web: http://www.hephzibahhome.org/
  -New Moms (Family Support/ Free Workshops for parents with children 0-6 yrs.
    of age. Free childcare)
    405 South Euclid Avenue, Oak Park, IL 60302
    Contact Person: Gail Shelton
    Phone: (773) 252-3253
    Fax: (773) 252-5320
    Web: https://newmoms.org/what-we-do/suburbs/oak-park-family-support/
  -Smart Love: Rush Medical Office
    Building, 610 S. Maple, Oak Park, IL 60304
    Phone: (773) 655-8052; (708) 660-4301
    Email: nancy.luepke@smartlovefamily.org

Nutrition Counseling / Consejería de Nutrición:
  -IWS Children’s Clinic : Wendy Castro-Harris
    320 Lake Street, Oak Park, IL 60302
    Phone: (708) 848-0528
    Email: wcastro@childrenscliniciws.org
    Web: http://childrenscliniciws.org/index.php

National Association Websites / Sitios Web de Asociaciones Nacional:
  • Alcoholics Anonymous (AA)
    http://www.aa.org/
  • American Art Therapy Association
    http://www.arttherapy.org/
  • American Foundation for Suicide Prevention http://www.afsp.org/
  • Learning Disabilities Association of America (LDA) http://ldaamerica.org/
  • Mental Health http://www.mentalhealth.gov/
  • National Alliance on Mental Illness http://il.nami.org/
  • National Association for Loss and Grief http://www.nalag.org.au/index.htm
  • National Assoc. of Anorexia Nervosa and Associated Disorders (ANAD)
    http://www.anad.org/
  • National Attention Deficit Disorder Association http://www.add.org/
  • National Children’s Advocacy Center http://www.nationalcac.org/
  • National Eating Disorder Association https://www.nationaleatingdisorders.org/learn
  • National Institute on Drug Abuse http://www.drugabuse.gov/
  • National Institute on Mental Health http://www.nimh.nih.gov/index.shtml
  • National Runaway Switchboard http://www.1800runaway.org/
  • Substance Abuse and Mental Health Services Admin http://www.samhsa.gov
  • Trans Lifeline http://translifeline.org

ng.org/MaywoodYouthMentoring.org/Welcome.html
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• Concordia University Chicago (Training Site for community. Individual, Couple, Family therapy, and limited Psychological Services. Services provided free with limited openings). 7407 usta Rd., River Forest, IL 60305, Christopher Center Rm 263 Phone: (708) 525-0291; (Contact Dr. Edgar Ramos) Email: dredgararamos@gmail.com
• Corner Stones (ABA and Behavioral Therapy, Family Support for those with Autism) (Serving children 2.5 yrs to 24 yrs) (Insurance Info: UHC, BCBS PPO, Aetna, Cigna, medical card coming soon) 7360 N Lincoln Ave, S: 110, Lincolnwood, IL 60712 Phone: 855-855-2712 Fax: 847-893-8438 Email: crystal@cornerstonesil.com Web: https://www.cornerstonesil.com/
• Dynamic Lynks (Music Therapy, Family Yoga, Social Skills for those with autism, developmental differences, and challenges with sensory motor skills) (Serving children from birth to adulthood) 1100 Lake Street, 100 C, Oak Park, IL 6030 Phone: 708-620-2373 (Contact: Alyssa Wilkins) Email: alyssa@dynamiclynks.com Web: www.dynamiclynks.com
• Family Service and Mental Health Center of Cicero 5341 W. Cermak Road, Cicero, IL 60804 Phone: (708) 656-6430 Web: http://www.cicerofs.org/
• Individual and Family Connection (Play therapy, Cognitive Behavioral Therapy, Parent Coaching, Family Therapy and Trauma Therapy for those with special needs and without special needs) (Serving children from 18 months to adulthood) (Medical Ins.: BCBS and Aetna. Bills out providers directly. Do not accept Medicaid; sliding fee is $155) 2865 N Clybourn Ave, Chicago, IL 60618 Phone: 773-270-0469

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Email: hello@ifccounseling.com Web: http://www.ifccounseling.com/
• Jewish Child and Family Services (Psych/Neuro Evaluation, Therapy, Family Support for those with and without special needs) (Serving children 2yrs to adulthood of any religion and background) 6639 N. Kedzie, Chicago, IL 60645 (Multiple different locations) Phone: 855-275-5237 Email: ask@jcfs.org Web: www.jcfs.org
• LYDIA homes 4300 W Irving Park Rd, Chicago, IL 60641 Phone: (773) 653-2261 Web: http://www.lydiahome.org/counseling-centers
• Pillars Community Health (children, adults, families) (Addiction treatment for teens 12-17 and adults diagnosed with mild or severe substance use disorder) (Early Childhood Mental Health Services for children 4-18yrs), (Outpatient Mental Health) -6918 Windsor Avenue, Berwyn, IL 60402 (The Fillmore Center) -6415 Stanley Ave, Berwyn, IL 60402 (Carl Bartolucci Center Phone: (708) 745-5277 Fax: (708) 995.3837 Web: http://www.pillarscommunityhealth.org
• Presence Health (Adult Family and Children Mental Health Center) 1414 West Main Street, Melrose Park, IL 60164 (various site locations) Phone: (708) 410-0615; (708) 681-4357 (24-hour crisis hotline) Web: http://www.presencehealth.org/medical-services-behavioral-health
• Rosecrance (Substance therapy) 120 S. Marion St., Oak Park, IL 60302 Phone: (815) 391-1000 Web: http://www.rosecrance.org/
• Tuesday’s Child (Serving 18 months-6 yrs with behavioral challenges) (Sliding scale available) 3633 N California Ave, Chicago, IL 60618 Phone: (773) 423-5055 Web: http://TuesdaysChildChicago.org
• Please contact your insurance provider on more locations for therapy that they will cover around your area.

-Hospital Setting
• Chicago Behavioral Health Hospital
  (Inpatient/outpatient services)
  555 Wilson Lane, Des Plaines, IL 60016
  Phone: (844) 756-8600
  Web: http://chicobehavioralhospital.com/
• Chicago Lakeshore Hospital/ Children’s Pavilion
  (Inpatient services, Partial Hospitalization and Intensive outpatient services)
  4720 North Clarendon, Chicago IL 60640
  Intake: (800) 888-0560
  Phone: (773) 878-9700
  Web: www.chicagolakeshorehospital.com
• Hartgrove Hospital: Austin Family Counseling Center (Serving 4 yrs and over)
  4909 West Division Street, Suite 405
  Chicago, Illinois 60651
  Phone: (773) 921-7805
  Web: http://www.hartgrovehospital.com/
• River Edge Hospital
  (Group Therapy, Inpatient, Outpatient programs)(children 3-17 yrs.)
  8311 W. Roosevelt Rd, Forest Park, IL 60130
  Phone: (708) 771-7000
  Web: https://www.riveredgehospital.com/

-Township / Municipio:
• River Forest Township
  8020 West Madison St - River Forest, IL 60305
  Phone: (708) 366-2029
  Fax: (708)366-3702
  Web: http://www.riverforesttownship.org/

-Utility Assistance / Asistencia de Utilidad:
• CEDA
  6141 W Roosevelt Rd, Cicero, IL 60804
  Phone: (708) 222-3824
  Web: http://www.cedaorg.net

-WIC / WIC:
• CEDA - OP WIC
  6026 W Roosevelt Rd, Oak Park, IL 60304
  Phone: (708) 445-3314
  Web: http://www.dhs.state.il.us/page.asp x?module=12
• CEDA - Maywood WIC
  411 Madison St., Maywood, Il 60153
  Phone: (708) 236-0728
• Cook County DPH Maywood WIC
  1701 S 1st Ave, Maywood, IL 60153
  Phone: (708) 786-4220